

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Max Lightfoot**

Has successfully participated & completed the  
**5km Ezemvelo Trail Run Challenge 2019**  
held at Ezemvelo Nature Reserve.

**TIME 00:39:23**

**PACE 07:51/km**  
**OVERALL 16 of 53**

**GENDER 10 of 20**  
**< 13 3 of 7**

20 October 2019, Sun

Date



*BoutTime*

Signature

